



Coaching Policy

By becoming a London Trampoline Academy or London DMT coach you agree to abide by the following complaints and discipline procedure. This applies to all coaches, officials, and other volunteers.

The aim of this procedure is to help ensure a fun and safe environment for all, including at training sessions, competitions, and other club events. Failure to follow this will result in termination of your membership (see complaints and discipline procedure).

If you have any queries, please email info@londtrampoline.com

All decisions regarding coaching and coaching policy will be made by the head coach.

Coaches code of conduct

We are fully committed to safeguarding and promoting the wellbeing of all members, we believe that it is important that all members with London Trampoline Academy and/or London DMT should, always, show respect and understanding for the safety and welfare of others. As such, all coaches must abide by the following code of conduct at all times.

- Adhere to the British Gymnastics Standards of Conduct for coaches and officials.
- Have a valid British Gymnastics membership, DBS, safeguarding and coaching qualification.
- Respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs, or sexual identity.
- Display moderate and responsible behaviour.
- Always be supportive and praise efforts.
- Always recognise good performance, not just results.
- Ensure all feedback is made in a balanced and positive way.
- Ensure participants adhere to club rules, policies, and procedures.
- Accept responsibility for the conduct of participants coached by them
- Set a good example by following and understanding competition rules
- Always use correct and proper language.
- Respect information confidentiality.
- Ensure any concerns are raised with the appropriate club representative, in the appropriate manner.
- Report any safeguarding concerns promptly.
- Follow correct procedures at competitions in respect of any competition decision.
- Must not take bribes, bet on, attempt to manipulate results or be involved in any other form of corruption in relation to any trampoline or DMT competitions.
- Must not disparage, intimidate or seek to poach participants from other clubs
- Must not berate, punish, or belittle a participants.

- Must not smoke or consume alcohol or drugs on Academy premises or whilst representing the London Trampoline Academy and/or London DMT
- Bullying or discrimination of any sort will not be tolerated.

Return to training

- Where participants have had a sustained period of injury or time away from trampoline, coaches will assess their fitness and skill level upon their return in line with the BG safe coaching policy
 - Participants will attend a return to training session where assessments will be made
 - Coaches will prepare a return to training session plan to build the participant back up to the skill level at an appropriate pace.

Day-to-day coaching

- The head coach will direct all coaching including:
 - directing performers to beds
 - directing the experienced performers to coach participants
 - re-arranging beds/performers/sessions when appropriate
 - naming a designated coach for sessions not attended by the head coach
- Arrangements made by the club's head coach will not be changed by other members
- No advanced skills beyond front and back somersault are allowed without the express permission of the head coach when the head coach is not present at a session.

Coaching courses

- The clubs will support (through a variety of resources, possibly including part funding) those members of 14 and over who are committed to becoming a coach for London Trampoline Academy and London DMT.
- The member will be monitored by a designated coach (to be determined by the head coach) and will work under the direction of that coach.
- The member will work with a group of participants with a range of abilities suitable to the level of coach. This group will be identified by the head coach.

Updated: 01/08/2020

Review date: 01/08/2021 unless British Gymnastics release new policies prior to this date.